



**Welcome the stranger.
Protect the refugee.**

Nutrition Resource Guide for Asylum Seekers in the DMV

Nutrition Resources in Maryland

SNAP-Ed - University of Maryland Extension

(410) 715-6903 or eatsmartmd@umd.edu

[SNAP-Ed | University of Maryland Extension](#)

Food Justice DMV

(410) 849 9886

denise@foodjusticedmv.org

[Food Justice DMV](#)

Eligibility: No eligibility requirements - just fill out <https://bit.ly/2FrgtM3>

Montgomery County

Montgomery County Local Department of Human Services Office

(410) 777-0311

[Montgomery County - Maryland Department of Human Services](#)

Montgomery County Food Assistance Resource Directory

(301) 664-4010 or info@mocofoodcouncil.org

<https://mocofoodcouncil.org/wp-content/uploads/2017/11/The-Montgomery-County-Food-Assistance-Resource-Directory-3.pdf>

[Food Assistance Resource Map](#)

They can help people fill out SNAP

SNAP Montgomery County Food Resources

311

[Food Resources / Recursos Alimenticios - COVID-19 Information Portal, Montgomery County, MD](#)

Bethesda Cares *

301-907-9244
info@bethesdacares.org
[Main Home - Bethesda Cares](#)

Shepherd's Table *

(301) 585-6463
info@shepherdstable.org
[Services | Shepherd's Table \(shepherdstable.org\)](#)

Prince George's County

Prince George's County Local Department of Human Services Office *

(301) 909-7000
[Prince George's County - Maryland Department of Human Services](#)

Prince George's County Food and Nutrition Services

(301) 952-6580
[Food and Nutrition Services](#)

Prince George's County Food Equity Council - Food Pantries

(240) 253-1036
[Find Food: Food Pantry Listings – FEC](#)

Prince George's County Food Equity Council - Food Assistance Resources

(240) 253-1036
<https://pgcfec.org/resources/food-assistance-resources-in-prince-georges-county/english/>

Capital Area Food Bank

(202) 644-9800
[Capital Area Food Bank](#)

Prince George's County - Food Supplement Program

(301) 909-6000
[Food Supplement Program | Prince George's County, MD](#)

Greater Baltimore

Baltimore City Local Department of Human Services Office

(800) 332-6347
[Baltimore City - Maryland Department of Human Services](#)

Baltimore County Local Department of Human Services Office

(410) 853-3000
[Baltimore County - Maryland Department of Human Services](#)

Maryland Food Bank

(410) 737-8282

[Nutrition | Maryland Food Bank](#)

Maryland State Department of Education

(410) 767-0100

[Nutrition – MARYLAND FAMILIES ENGAGE](#)

Baltimore Food Banks

Multiple locations and phone numbers

[Baltimore free food banks, soup kitchens and free pantries.](#)

Baltimore County Food Banks

Multiple locations and phone numbers

[Food Pantries List March 2023 - DocumentCloud](#)

marylandpublicschools.org

Nutrition Resources in Washington, DC

Food Justice DMV

(410) 849 9886

denise@foodjusticedmv.org

[Food Justice DMV](#)

Eligibility: No eligibility requirements - just fill out <https://bit.ly/2FrgtM3>

Arcadia Mobile Market

mobilemarket@arcadiafood.org

[Mobile Market | Arcadia](#)

Eligibility: No requirements, they accept and double the amount of SNAP, WIC, and Senior FMNP at the market and otherwise take produce plus, credit, debit, or cash.

Capital Area Food Bank - Community Marketplaces

(202) 644-9800

[Capital Area Food Bank](#)

Children of Mine Youth Center *

(202) 610-1055

[Children of Mine Youth Center](#)

DC Food Project

dcfoodproject@gmail.com

[DC Food Project](#)

Eligibility: Project is for 18 and younger. They do not require ID (except for Food Bank).

DC Youth Meals Program *

(202) 727-1839

[DC Youth Meals Program | osse](#)

DC Women, Infants, Children *

(202) 442-9397

[DC WIC](#)

Department of Aging and Community Living

(202) 724-5626

[Department of Aging and Community Living](#)

Eligibility: Must be a DC resident. Income requirement: Home Aid - <2600/month; Safe at Home - <79,000/yr. Clients are 60+ years old. Meal Delivery - must be home-bound or frail Transportation for medical appointments only - Medicare is fine; Medicaid is not eligible.

East River Family Strengthening Collaborative, Inc.

(202) 397-7300

[erfsc.org](#)

Eligibility: Have to be a resident of DC and have children who are under 18 years old

Fresh Fruit and Vegetable Program (FFVP)

(202) 741-6418

[Fresh Fruit and Vegetable Program \(FFVP\) | osse](#)

Healthy Tots Act

N/A

[Healthy Tots Act | osse](#)

Horton's Kids *

(202) 544-5033

[Horton's Kids](#)

Mary House | Transitional housing, Food, Clothing, and Kids Programs *

(202) 780-5137

[Mary House](#)

Miriam's Kitchen *

(202) 452-8926

[Miriam's Kitchen](#)

National School Lunch Program (NSLP)

(202) 531-2680

[National School Lunch Program \(NSLP\) | osse](#)

SHARE Food Network

(301) 846-3115

[SHARE Food Network - Affordable Groceries](#)

Eligibility: No legal status requirements, must live in the DMV. Clients can pay at the host site with credit card, SNAP benefits, organizational checks, and some take cash. SHARE will also help their clients to submit SNAP applications.

So Others Might Eat (SOME)

(202) 797-8806

[So Others Might Eat](#)

Eligibility: Must be an established DC resident

Thrive DC

(202) 737-9311

[Thrive DC](#)

Eligibility: No ID required and no income requirement. Referral not necessary but helpful.

Food not Bombs

foodnotbombsdc@gmail.com

[Food Not Bombs](#)

Bread for the City

SE DC: 202-561-8587

NW DC: 202-265-2400

[Food Program - Bread for the City](#)

Eligibility: No eligibility requirements for food services, need to live in DC for clothing services

Food for All *

(202) 642-6660

newclient@foodforalldc.org

[Food for All DC](#)

We Are Family *

(202) 487-8698

info@wearefamilydc.org

[We Are Family DC](#)

Martha's Table *

202-328-6608

info@marthastable.org

[Health & Wellness Programs – Martha's Table \(marthastable.org\)](#)

Food and Friends

(202) 269-2277

INFO@FOODANDFRIENDS.ORG

[Home | Food & Friends \(foodandfriends.org\)](#)

Eligibility: Needs to have a qualifying illness, compromised nutritional status, and limited mobility

Nutrition Resources in Virginia

Food Justice DMV

(410) 849 9886

denise@foodjusticedmv.org

[Food Justice DMV](#)

Eligibility: No eligibility requirements - just fill out <https://bit.ly/2FrgtM3>

Fairfax County

Fairfax County Health and Human Resources

(703) 222-0880

[Food Assistance | Health and Human Services \(fairfaxcounty.gov\)](#)

Capital Area Food Bank

(571) 482-4770

[Food Bank for the Washington, DC, Region | Capital Area Food Bank](#)

Food for Others

(703) 207-9173 | Extension Number 104

[Neighborhood Sites - Food for Others Website](#)

Eligibility: Need photo ID and proof of VA residency and must complete an application

Abiding Presence Lutheran Church (Burke)

(703) 455-7500

[Food Ministries — Abiding Presence Lutheran Church](#)

Beacon Hill Missionary Baptist Church (Herndon)

(703) 793-0050

[Ministry – beaconhillchurch.net](#)

Christ House Food Pantry (Alexandria) *

Email: StLucyProject-CH@ccda.net

[Alexandria Food Pantry \(ccda.net\)](#)

Centreville United Methodist Church

(703) 830-2684

[Local Outreach - Centreville United Methodist Church \(centreville-umc.org\)](#)

Eligibility: No eligibility requirements

Cornerstones (Reston) *

(571) 323-1410

[Food & Basic Needs – Cornerstones \(cornerstonesva.org\)](http://cornerstonesva.org)

Dar Al-Hijrah Islamic Center (Falls Church)

(703) 531-2905

Food Bank Online Services - Dar Al-Hijrah Islamic Center US

FAITH (Herndon) *

(571) 323-2198

[FOOD PROGRAMS – FAITH \(faithus.org\)](http://FOOD PROGRAMS – FAITH (faithus.org))

Groveton Baptist Church (Alexandria)

(703) 768-9084

Groveton Baptist Church

Eligibility: No referral, income, legal status, or residency required.

Koinonia Foundation, Inc (Alexandria)

(703) 971-1991

[Food & Clothing \(koinoniacares.org\)](http://Food & Clothing (koinoniacares.org))

Eligibility: Must live in parts Springfield or Alexandria, need to provide proof of residency, photo ID, copy of their lease, and proof of income

Lorton Community Action Center *

(703) 339-5161

[Healthy Families | LCAC \(lortonaction.org\)](http://Healthy Families | LCAC (lortonaction.org))

Rising Hope United Methodist Mission (Alexandria)

(703) 360-1976

[Community Outreach — Rising Hope Mission Church \(risinghopeumc.org\)](http://Community Outreach — Rising Hope Mission Church (risinghopeumc.org))

Eligibility: No legal status requirement. They must have a valid address in Alexandria, Fairfax County and must be willing to give all names and birthdates of all individuals living at the address.

Share of McLean *

(703) 229-1414

FOOD PANTRY | Share of McLean

St Anne's Episcopal Church (Reston) *

(703) 437-6530

[Year-Round | stannesreston \(stannes-reston.org\)](http://Year-Round | stannesreston (stannes-reston.org))

St. Anthony's Catholic Church (Falls Church) *

(703) 820-2011

[Food Pantry - St. Anthony of Padua Parish and School \(stanthonyofpaduacommunity.com\)](http://stanthonyofpaduacommunity.com)

United Community (Alexandria) *

(703) 768-7106

[Food - United Community](#)

Western Fairfax Christian Ministries *

(703) 988-9656

[Food - United Community](#)

Abiding Presence Lutheran Church (Burke) *

(703) 455-7500

[Food Ministries — Abiding Presence Lutheran Church](#)

Beacon Hill Missionary Baptist Church (Herndon) *

(703) 793-0050

[Ministry – beaconhillchurch.net](http://beaconhillchurch.net)

Burke United Methodist Church *

(703) 250-6100

[Burke Gives Back \(burkeumc.org\)](http://burkeumc.org)

Arlington County

Arlington County Social Services

(703) 228-1300

[Food Assistance – Official Website of Arlington County Virginia Government \(arlingtonva.us\)](http://arlingtonva.us)

Eligibility: Need to have asylum or refugee status. Need proof of residency in Arlington County. Only need a referral for housing.

Arlington Food Assistance Center (AFAC)

(703) 45-8486

[AFAC Home - AFAC](#)

Eligibility: To receive weekly groceries from AFAC, you must: (1) **live in Arlington** and (2) **get a referral** from an Arlington County social service agency. To apply for AFAC services or receive a barcode card, you must provide **ONE photo identification** and **ONE proof of your address** in Arlington.

Capital Area Food Bank

(571) 482-4770

[Food Bank for the Washington, DC, Region | Capital Area Food Bank](#)

Arlington Bridge Builders *

(571) 282-5156

[Arlington Bridge Builders](#)

Salvation Army of Arlington

(703) 979-3380

[Arlington Corps](#)

Dar Al-Hijrah Islamic Center *

(703) 531-2905

[Food Bank Online Services - Dar Al-Hijrah Islamic Center USA](#)

Food for Others *

(703) 207-9173 | Extension Number 104

[Neighborhood Sites - Food for Others Website](#)

Our Lady Queen of Peace Catholic Church *

(703) 979-5580

[Food Pantry - Our Lady Queen of Peace Catholic Church - Arlington, VA](#)

SHARE Food Network at Macedonia Baptist Church *

(703) 371-7356

[SHARE Food Network - Affordable Groceries](#)

St. Anthony of Padua Catholic Church *

(703) 820-7111

[Food Pantry - St. Anthony of Padua Parish and School](#)

St. George's Episcopal Church *

(703) 525-8286

[Food Pantry — Saint George's Episcopal Church, Arlington](#)

Prince William County

Capital Area Food Bank

(571) 482-4770

[Food Bank for the Washington, DC, Region | Capital Area Food Bank](#)

ACTS *

(703) 441-8606

[Food Assistance \(actspwc.org\)](http://actspwc.org)

St Paul UMC (Woodbridge) *

(703) 494-2445

[Helping the Community | St. Paul UMC \(stpaul-umc.org\)](http://stpaul-umc.org)

Loudoun County

Loudoun Feeds *

[Loudoun Feeds](#)

Capital Area Food Bank

(571) 482-4770

[Food Bank for the Washington, DC, Region | Capital Area Food Bank](#)

BetterALife (Purcellville) *

(703) 727-8974

[Need Food Help? | BetterALife Org](#)

Bridgefeeds (Ashburn)

(571) 353-9842

[Home | Bridgefeeds](#)

Eligibility: Referrals sent to contactbf@bridgefeeds.org with the full name and mobile phone number of the recipient. No legal, residential, or income requirements. They do not take walk-ins.

Loudoun Regional Food Pantry (Sterling)

(703) 443-6693

[Loudoun Regional Food Pantry Sterling \(ccda.net\)](http://ccda.net)

Eligibility: Need proof of address and picture ID

Dulles South Food Pantry

(703) 507-2795

[Need Assistance? – Dulles South Food Pantry® \(dsfp.org\)](http://dsfp.org)

Eligibility: To be served by DSFP, a guest must live in the southern part of Loudoun County, VA.. A guest must present Proof of Identity (passport/Driver's License/any photo ID) and Proof of Address (mail or bill showing name and address within the last month) when they register and once a year after that. There are no income or status requirements. A potential guest needs to call 703/507-2795 x1 or email appointments@dsfp.org to request an appointment.

Loudoun Hunger Relief

(703) 777-5911

[Loudoun Hunger Relief](#)

Eligibility: No proof of status required, must have proof of residency in Loudoun country.

Manna From Heaven *

(703) 558-9310
[About | MFHVA](#)

Round Hill UMC Pantry

(540) 338-4445

[Food Pantry | Round Hill United Methodist Church | Round Hill \(roundhillumc.org\)](#)

Eligibility: Must live in Round Hill, VA, need to show proof of residency

Seven Loaves Middleburg

(540) 687-3489

[Food Pantry Middleburg VA | Seven Loaves Services, Inc. \(sevenloavesmiddleburg.org\)](#)

Eligibility: no residency, income or documentation required. Clients can come once a week, Monday, Wednesday or Friday, 10-12

Sterling Park Baptist Church *

(703) 430-2527

[Food Pantry — SPBC \(sterling park bc.org\)](#)

Tree of Life

(540) 441-7920

[Food - Tree of Life \(tolministries.org\)](#)

Eligibility: Must live in Loudoun County

Western Loudoun Food Pantry *

540-822-5576

[Western Loudoun Food Pantry — New Jerusalem Lutheran Church \(njlclovettsville.org\)](#)

*Resources marked with an asterisk may have additional eligibility requirements. Please reach out to double check eligibility before utilizing their services.

We have made every effort to ensure the information in this guide is current. If any information in this guide is not correct, please contact us at caroline.wolinsky@hias.org.



**Welcome the stranger.
Protect the refugee.**

HIAS Resource Guide: Housing

Housing Resources Region-Wide

ShelterListings.org *

Shelter Listings serves unhoused and low-income people. The list has thousands of listings nationwide and includes emergency shelters, homeless shelters, day shelters, transitional housing, residential drug/alcohol rehabilitation programs, supportive housing and permanent affordable housing. It is an online resource only. Find the [Maryland](#), [Virginia](#), and [Washington DC](#) listings here.

Housing Resources in Maryland

Montgomery County

Montgomery County Crisis Center

The Crisis Center provides free 24-hour crisis services. Services are provided by telephone or in person at 1301 Piccard Drive in Rockville (no appointment needed).

Phone: 240-777-4000

Email: Outreach@montgomerycountymd.gov

24 Hour Crisis Center

Eligibility: Must be resident of Montgomery County, need proof of residency and photo ID.

Catholic Charities of the Archdiocese of Washington *

Find the help you need in Washington, DC, Calvert County, Charles County, Montgomery County, Prince George's County, and St. Mary's County.

Phone: (202) 939-2400 (Main Number at 924 G Street, NW, DC); (202) 832-2359

Email: GetHelp@CC-DC.org

Get Help – Catholic Charities DC

Interfaith Works *

Interfaith Works is a nonprofit organization that provides emergency shelter, supportive housing, essential needs, and employment programs.

Phone: 301-762-8682

info@iworksmc.org

Gilchrist Immigrant Resource Center

The Gilchrist Center is a gateway for Montgomery County's immigrants, providing information and referrals to programs and services offered by government agencies and community organizations.

Phone: (240) 777-4940

<https://www.montgomerycountymd.gov/gilchrist/get-help/housing/affordable-housing.html>

Eligibility: No legal status requirement for county services. Have to live in Montgomery County. No income requirement. Has the capacity to refer people to services in other counties.

Housing Initiative Partnership (HIP)

Housing Initiative Partnership, Inc. (HIP) develops innovative affordable housing, revitalizes neighborhoods, and equips people to achieve their housing and financial goals; serving both Montgomery County and PG County.

Phone: 301-916-5946

<https://hiphomes.org>

Eligibility: No income, residency, or legal status requirements.

Housing Opportunities Commission

The HOC provides affordable housing and supportive services that enhance the lives of low- and moderate-income families and individuals throughout Montgomery County.

Languages: [Amharic](#), [Spanish](#), [Russian](#), [Korean](#), [Chinese](#), [French](#), [Vietnamese](#)

(240) 627-9400 or help@hocmc.org

<https://www.hocmc.org/rental-programs.html>

Eligibility: Must have SSN or Alien ID. Income requirement varies between programs. HOC offers different housing options; the type of housing and supportive services that people are eligible for depends on their income.

Moderately Priced Dwelling Unit (MPDU) Program *

The Moderately Priced Dwelling Unit (MPDU) Program offers affordable rental units in apartment communities located throughout the County.

Dial 311 for information

<https://www3.montgomerycountymd.gov/311/Solutions.aspx?SolutionId=1-4FD6NP>

MHP - Making Homes Possible

MHP is a non-profit organization that preserves and expands affordable housing in Montgomery County and the surrounding region.

Phone: 301-622-2400

Email: info@mhpartners.org

<https://mhpartners.org/housing-people/mhp-properties/>

Eligibility: Need at least a tax ID if no SSN. No residency requirement. The program requires a minimum income and a maximum, depending on the size of the household. They need a minimum income in order to be considered. But if the combined income is higher than the maximum, they don't qualify.

Prince George's County

Department of Social Services Homelessness Prevention Program

Provides information, assistance and referrals to County residents who are facing homelessness or an eviction

Phone: 301-909-6362

[Housing & Homeless Services | Prince George's County, MD](#)

Eligibility: Only provide services to those vetted and approved by the state.

Catholic Charities

Find the help you need in Washington, DC, Calvert County, Charles County, Montgomery County, Prince George's County, and St. Mary's County.

Phone: 301-568-9529

Email: GetHelp@CC-DC.org

<https://www.catholiccharitiesdc.org/gethelp/>

Community Ministries, Seat Pleasant *

The Step Up Housing Assistance Program provides housing education assistance and small grants to help qualified people avoid eviction.

Phone: 301-499-2319

[Community Ministry of Prince George's County](#)

Laurel Advocacy and Referral in Laurel

Phone: 301-776-0442

[Services Overview - LAUREL ADVOCACY & REFERRAL SERVICES, INC.](#)

Eligibility: To qualify for services at LARS, you must reside in one of the four Laurel zip codes (20707, 20708, 20723, or 20724) or be homeless in the Laurel area.

United Communities Against Poverty *

Provides a wide variety of services and programs from weatherization and energy assistance to an emergency food pantry and housing assistance.

Phone: 301-322-5700

[Programs & Services](#)

AffordableHousingOnline *

A listing for affordable "Section 8" housing in PG County, Maryland. Warning: there may be long wait times to be placed in housing.

N/A - online resource only

[Low Income Apartments For Rent in Prince Georges County, Maryland - Affordable Housing Online](#)

MDHousingSearch.org

Browse listings of Maryland apartments and homes for rent on this free, accessible service. Search by city, county, or ZIP Code to find current listings with important details about accessibility features, amenities, affordability, and more.

Phone: 1-877-428-8844

[MDHousingSearch.org](#)

Greater Baltimore

Maryland Legal Aid *

They can help protect you against eviction if you live in subsidized housing.

Phone: 410-951-7777

[Maryland Legal Aid](#)

AffordableHousingOnline

A listing for affordable "Section 8" housing in Baltimore County. Warning: there may be long wait times to be placed in housing.

N/A - online resource only

<https://affordablehousingonline.com/housing-search/Maryland/Baltimore-County>

Housing Resources in Washington, DC

DC Housing Search

This website allows you to search for affordable rental housing.

Phone: (202) 442-7200 (DC Department of Housing and Human Development)

<https://www.dchousingsearch.org/>

Eligibility: Must be US citizens and DC residents. Income requirement determined after meeting with counselor. Need a referral, number is 2023731050

DC Emergency Rental Assistance

This program can help prevent eviction and pay overdue rent in Washington, DC. You must have an ID card and some proof of currently living in DC.

Phone: 202-312-5510

Email: ERAP.Program@dc.gov

<https://dhs.dc.gov/service/eviction-prevention-rental-assistance>

Catholic Charities

Find the help you need in Washington, DC, Calvert County, Charles County, Montgomery County, Prince George's County, and St. Mary's County.

Phone: 301-568-9529

Email: GetHelp@CC-DC.org

<https://www.catholiccharitiesdc.org/gethelp/>

Friendship Place

202-364-1419

info@friendshipplace.org

[Home - Friendship Place](#)

Eligibility: **Neighbors First-Permanent Supportive Housing:** must be DC resident, experience chronic homelessness, and families must have a dependent minor, chronic homeless, have a household member with a disability. **La Casa:** male individuals experiencing chronic homelessness. **Valley Place:** referrals come through street outreach programs and providers supported by DC Coordinated Entry System. **The Brooks:** Access is conducted through the Virginia Williams Family Resource Center for District Residents only

Community Life Services *

(202) 347-0511

[Home | CFLS \(cflsdc.org\)](#)

Community of Hope *

202-540-9857

[Home | Community of Hope \(communityofhopedc.org\)](#)

Eligibility: Must live in DC, Services are on a sliding scale based submissions of weekly, bi-weekly, or monthly wages, or they submit a letter saying that they are not employed.

District Alliance for Safe Housing

202-290-2356 ext. 101

info@dashdc.org

[Domestic Violence Shelter, Safe Housing in DC \(dashdc.org\)](#)

Eligibility: They only provide services for victims of domestic violence, sexual assault, and human trafficking. Need SSN for permanent housing. For partnership with Virginia Williams Family Research Center, they require proof of residency and citizenship. Income requirement for housing but not for transitional benefits.

N Street Village *

(202) 939-2076

info@nstreetvillage.org

[N Street Village – A community of hope and healing for women.](#)

Housing Resources in Virginia

Fairfax County

County Health Dept: Emergency Rental Assistance Bridge Program *

Relief for renters experiencing a negative financial impact due to or during the COVID-19 pandemic. Apply to receive funds to pay rent or utilities back to March 13, 2020 and up to 3 months of payments into the future.

Coordinated Services Planning: 703-222-0880

<https://www.fairfaxcounty.gov/health-humanservices/eviction-prevention/emergency-rent-assistance-program-eligibility>

Northern Virginia Family Service*

Emergency shelter in Manassas and financial assistance with rent and utilities to prevent homelessness in Fairfax and Prince William Counties.

Coordinated Services Planning: 703-222-0880

[Homelessness & Housing - Northern Virginia Family Service](#)

Emergency Housing Vouchers *

The Emergency Housing Voucher program offers temporary rental housing assistance for individuals experiencing homelessness, those in danger of becoming so, and individuals fleeing violent or dangerous living circumstances.

Coordinated Services Planning: 703-222-0880

<https://www.fairfaxcounty.gov/housing/emergencyvouchers>

County Housing Dept: First-Time Homebuyers Program

Provides affordable homes through the Affordable Dwelling Unit Program to low- and moderate-income families. Homes are offered at sale prices below the sale prices of other homes in the same development community.

Housing and Community Development: 703-246-5000

<https://www.fairfaxcounty.gov/housing/homeownership/firsttimehomebuyers>

County Housing Dept: Workforce Dwelling Unit Homebuyer Program *

Provides a means for homebuyers to purchase a home at below-market prices near employment centers and transportation options.

Housing and Community Development: 703-246-5000

<https://www.fairfaxcounty.gov/housing/homeownership/wduhomebuyers>

County Housing Dept: Affordable Dwelling Unit Program *

Provides qualified households with low- and moderate-income the opportunity to live at a reduced rent in privately owned and privately managed market-rate apartment communities. The program includes income limits and maximum rents.

Housing and Community Development: 703-246-5000

<https://www.fairfaxcounty.gov/housing/rentalhousing/privately-owned>

County Housing Dept: Office to Prevent and End Homelessness *

Four emergency shelters for adults and three for families with children.

Housing and Community Development: 703-246-5000

<https://www.fairfaxcounty.gov/homeless/emergency-shelters>

County Housing Dept: Fairfax County Rental Program (FCRP) *

The FCRP offers affordable homes with income limit requirements, set based on funding and regulatory stipulations assigned to specific units. When there are vacancies, new tenants are selected from a housing waitlist; join a waitlist by calling a housing community directly.

Housing and Community Development: 703-246-5000

<https://www.fairfaxcounty.gov/housing/rentalhousing/fairfax-county-rental-program>

County Housing Dept: Senior Housing *

There are 9 affordable senior housing communities and 2 affordable assisted living communities available through the Fairfax County Redevelopment and Housing Authority.

Housing and Community Development: 703-246-5000

Contact the property of interest directly or email rha@fairfaxcounty.gov

<https://www.fairfaxcounty.gov/housing/rentalhousing/senior-housing>

ShelterList

Online directory of shelters, residential drug/alcohol rehabilitation programs, supportive housing and permanent affordable housing.

<https://www.shelterlist.com/city/va-fairfax>

Arlington County

County Housing Dept: Housing Grants Program

Provides rental assistance covering a portion of monthly rent if applicants meet low income and personal asset requirements.

703-228-1350 or dhs@arlingtonva.us

<https://www.arlingtonva.us/Government/Programs/Housing/Get-Help/Rental-Services/Local-Housing-Grants>

Eligibility: No legal status requirement, must be a resident of Arlington

County Housing Dept: Permanent Supportive Housing *

Provides affordable housing and supportive services for people with disabilities to obtain and maintain their housing.

Phone: 703-228-1350

Email: dhs@arlingtonva.us

<https://www.arlingtonva.us/Government/Departments/DHS/Public-Assistance/Permanent-Supportive-Housing>

County Housing Dept: Centralized Access System Shelters *

Five Arlington County emergency shelters provide a safe environment for single adults and families who are Arlington residents experiencing homelessness.

Phone: 703-228-1010

[Shelters and Resources – Official Website of Arlington County Virginia Government](#)

Doorways *

Shelter for adults, youth, and children seeking housing from domestic violence and sexual assault. Services at Doorways include counseling, court advocacy, employment support, and other programs.

Domestic and Sexual Violence Hotline: 703-237-0881

<https://www.doorwaysva.org/>

Homestretch Family Transitional Housing *

Provides housing to families with children under the age of 18 that are experiencing homelessness. Requires a referral by a social service agency.

Phone: 703-237-2035

Email: info@homestretchva.org

<https://www.homestretchva.org/>

Clinical Coordination Program

Phone: 703-228-1300

[Clinical Coordination Program – Official Website of Arlington County Virginia Government](#)

Eligibility: Assists low income Arlington residents under the age of 60 who cannot meet their basic needs. Services include financial assistance paying for rent and other necessities, and assistance with finding shelter while securing permanent housing. Requires an application and shelter and residence expense verification.

Housing Information Center

For basic questions regarding counseling and other eviction prevention resources available to Arlington tenants help with translating information.

General Housing information, 703-228-3765

Housing Vouchers, 703-228-1450

Housing Grants & Tax Relief Programs, 703-228-1350

[Housing – Official Website of Arlington County Virginia Government](#)

Legal Services of Northern Virginia *

For tenants and homeowners needing legal assistance; provides information about free legal aid for people with low to moderate incomes.

Phone: 703-2778-6800

<https://www.lsnv.org/>

Catholic Charities Emergency Assistance Program *

Rent, utilities assistance, and basic household needs.

EA-LRO@ccda.net

<https://www.ccda.net/need-help/rent,-utility-assistance,-and-basic-household-needs/>

Referral program to connect asylum seekers to resources.

TBIE@ccda.net

<https://www.ccda.net/need-help/immigrants-and-refugees/other-resources-for-immigrants/>

Prince William County

Northern Virginia Family Service

Shelter, housing, rent, and utilities support.

Phone: 703-792-3366

[Homelessness & Housing - Northern Virginia Family Service](#)

NOVA Housing Resource Guide

Information on housing resources, including rental assistance, emergency rent and utility payments, and furniture.

<https://www.novahss.org/housing-resources/find-housing-resources-landing>

The Salvation Army, Prince William County, Woodbridge *

Emergency financial assistance, including for rent.

Phone: 703-580-8991

St. Vincent de Paul Society, All Saints Conference *

Emergency rent, one-time assistance.

Phone: 703-368-2429

[St. Vincent de Paul Society, All Saints Conference](#)

First AME Church of Manassas *

Emergency rent and utilities support.

Phone: 703-361-8791

[Contact - FAME CHURCH](#)

Catholics for Housing *

Up to \$200 for security deposits.

Phone: 703-221-4510

<https://www.novahss.org/resource-database-frontpage/item/catholics-for-housing>

Habitat for Humanity, Prince William County *

Home repair, home preservation, weatherization, discounted appliances and furniture.

Phone: 703-369-6708

Email: bmorales@habitatpwc.org

<https://habitatpwc.org/programs/>

Loudoun County

Loudoun County Health and Human Services

Affordable housing information, housing crisis services, emergency shelters, and housing voucher programs.

<https://www.loudoun.gov/4661/Housing>

Information referral for housing and homeless services: 703-777-0420

<https://www.loudoun.gov/5287/Information-Referral>

Loudoun County Housing and Community Development

Rental assistance program for individuals and families.

Phone: 703-737-8323

<https://www.loudoun.gov/1773/Housing-Community-Development>

Loudoun County Affordable Dwelling Unit Program

Affordable rental housing for people who live and work in the county.

Phone: 703-737-8043

<https://www.loudoun.gov/1813/Affordable-Dwelling-Unit-Program>

NOVA Housing Resource Guide

Information on housing resources, including rental assistance, emergency rent and utility payments, and furniture.

<https://www.novahss.org/housing-resources/find-housing-resources-landing>

Income Based Housing in Loudoun County, VA

Low income housing apartment complexes.

<https://affordablehousingonline.com/housing-search/Virginia/Loudoun-County>

*Resources marked with an asterisk may have additional eligibility requirements. Please reach out to double check eligibility before utilizing their services.

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**Welcome the stranger.
Protect the refugee.**

HIAS Resource Guide: Medical Resources

Dental Resources:

Dental Resources in Maryland:

Community Clinic *

Derwood, MD

240-386-0195

[Derwood, MD Free Clinics](#)

Spanish Catholic Center *

Silver Spring, MD

301-933-0868

[Catholic Charities Dental Clinic](#)

University of Maryland School of Dentistry Patient Care

Baltimore, MD

410-706-7101

(Fee-based service)

[Patient Care - University of Maryland, Baltimore \(umaryland.edu\)](#)

Eligibility: Need an ID, and will be billed if they do not have dental insurance.

Montgomery Volunteer Dental *

Silver Spring, MD

(301) 384-9795

[Montgomery Volunteer Dental Cl - Silver Spring, MD, 20904](#)

Dental Resources in DC:

Howard University College of Dentistry

Washington, D.C.

202-806-0008

(Fee-based service)

[Make An Appointment | Dentistry](#)

Eligibility: Need photo ID and free pre screening

Whitman Walker Dental Services *

Washington, DC
202-745-7000

[Dental Health - Whitman-Walker](#)

Dental Resources in Virginia:

Piedmont Regional Dental Clinic

Orange, VA
540-661-0008

[Piedmont Regional Dental Clinic](#)

Free/Low Cost Clinics:

Medical Resources in Maryland:

Priority Partners

1-800-654-9728

ppcustomerservice@jhhc.com

[Find Care Now - Priority Partners MCO \(ppmco.org\)](#)

Eligibility: Must reside in the US for 5 years; if no SSN, need to apply through Maryland Department of Social Services. Maryland residency required; if homeless, applicants must provide zip code where they receive mail. Can apply for a private health plan if you are here less than 5 years and have a life event (birth, death, etc.)

Mary's Center *

Silver Spring, MD
240-485-3160

[Marys Center Silver Spring](#)

Mobile Medical Care, Inc

Bethesda, MD
301-493-2400

www.mobilemedicalcare.org

Eligibility: Services adults only, live in Montgomery County and show proof of residency and income (250% of federal poverty limit), and have a government-issued ID. If staying with someone else, they can have them submit letters on their behalf showing proof of address and income.

Teen Connection of Takoma *

Silver Spring, MD
(718) 495-7793

[Teen Connection Of Takoma - Silver Spring, MD, 20910](#)

CCI - Takoma Park *

Locations in Takoma Park, Silver Spring, and Rockville, MD

Takoma Park: (301) 431-2972

Silver Spring: 301-438-7456

Rockville: 301-340-7525

[CCI - Takoma Park](#)

Mercy Health Clinic Inc *

Germantown, MD

(301) 916-4499

[Mercy Health Clinic Inc - Germantown, MD, 20874](#)

1st Medical *

Silver Spring, MD

(301) 408-2720

[1st Medical - Silver Spring, MD, 20903](#)

Mobile Medical Clinic *

Locations in Germantown, Rockville, and Potomac, MD

Germantown: (301) 634-9600

Rockville: (301) 493-2400

Potomac: (301) 493-2400

[Mobile Medical Care - Rockville Clinic](#)

Mansfield Kaseman Health Clinic *

Rockville, MD

(301) 917-6800

[Mansfield Kaseman Health Clinic - Rockville, MD, 20850](#)

The Muslim Community Center Medical Clinic *

Silver Spring, MD

(301) 384-2166

[The Muslim Community Center Medical Clinic - Silver Spring, MD, 20905](#)

Spanish Catholic Center *

Silver Spring, MD

(301) 434-8985

[Spanish Catholic Center Montgomery County, MD Location - Silver Spring, MD, 20902](#)

Mercy Health Clinic *

Gaithersburg, MD

(240) 773-0300

[Mercy Health Clinic - Gaithersburg, MD, 20878](#)

Community Clinic *

Silver Spring, MD

301-585-1250

[Community Clinic Silver Spring](#)

Bowie Free Pregnancy Center *

Bowie, MD

301-262-1330

[Bowie Crofton Free Pregnancy Clinic - Bowie, MD, 20716](#)

Cityworld Family Clinic and Urgent Care of Clinton *

Locations in College Park and Clinton, MD

(301) 289-7722

[Cityworld Family Clinic and Urgent Care of Clinton](#)

Elaine Ellis Center of Health *

College Park, MD

301-441-1605

[Elaine Ellis Center of Health MD - College Park](#)

Oxon Hill Health Center *

Oxon Hill, MD

301-686-1665

[Oxon Hill Health Center](#)

Suitland Health and Wellness *

Suitland, MD

240-508-5317

[Suitland Health And Wellness C](#)

Meridian Medical Associates *

Oxon Hill, MD

240-766-4552

[Meridian Medical Associates - Oxon Hill, MD, 20745](#)

Doctors Community Hospital - Cancer Prevention Screening Program *

Greenbelt, MD

301-552-7915

[Doctors Community Hospital - Cancer Prevention Screening Programs - Greenbelt, MD, 20770](#)

Community Clinics Inc *

Greenbelt, MD

240-638-1270

[Community Clinics Inc Greenbelt](#)

Greater Baden at Brandywine *

Brandywine, MD

301-888-2233

[Greater Baden At Brandywine](#)

Walker Mill Health Center *

Capitol Heights, MD
301-324-1500

[Walker Mill Health Center - Capitol Heights, MD, 20743](#)

Greater Baden Medical Services *

Upper Marlboro, MD
301-599-0460

[Greater Baden Medical Services - Upper Marlboro, MD, 20772](#)

Medical Resources in Virginia:

Free Clinic of Powhatan

Powhatan, VA
804-598-5637

[Free Clinic of Powhatan](#)

Eligibility: Must reside in Powhatan, Cumberland, Amelia counties, and portions of Chesterfield County. Must have income under 250% of FPL; benefits are for adults 19 and over and uninsured; available to Medicaid and Medicare members. No referral required for basic dental services; referral required for dental surgery.

Glacier Health and Development Center

Richmond, VA
804-918-1115

[GLACIER HEALTH & DEVELOPMENT CENTER](#)

Eligibility: No status requirements. Must live in Virginia (for now). No proof of income for in person visits, but if seen virtually must provide an address.

Global Health and Education, Inc

Glen Allen, VA
(804) 712-3873

[Global Health & Wellness Clinic](#)

Eligibility: Primary medical clinic, adults only. Text with name, DOB, email address if applicable, and reason they want to come. Then they will receive a return text or email with an appointment day/time. If they need a specialist, they try to refer them, but it is very hard.

Chesapeake Care Clinic

Chesapeake, VA
757-545-5700

[Chesapeake Care Clinic](#)

Eligibility: Need either a SSN or Tax ID and proof of address. Income requirement determined by household size. Need proof of income as well.

Northern Neck-Middlesex Free Health Clinic

Kilmarnock, VA

804-435-0575

[Northern Neck Free Health Clinic](#)

Eligibility: Need to have some form of photo ID and must provide proof they live in Lancaster, Northumberland, Westmoreland, Richmond County, or Middlesex. There are income criteria based on the number of family members. See income eligibility criteria here:

<https://nnmfhc.org/patients-2/services-eligibility/>

Adams Compassionate Health Care Network *

Chantilly, VA

703-542-3366

[ADAMS Compassionate Healthcare Network](#)

Arlington Free Clinic *

Arlington, VA

703-979-1400

[Arlington Free Clinic](#)

Catholic Charities of the Diocese of Arlington Mother of Mercy Free Medical Clinic - Manassas *

Manassas

703-335-2779

Culmore Clinic *

Falls Church, VA

571-380-4512

[Culmore Clinic](#)

Grace Community Clinic *

Centreville, VA

703-650-9099

[Grace Community Center Clinic](#)

Loudon Free Clinic *

Leesburg, VA

703-779-5416

[Loudoun Free Clinic](#)

Mason and Partners Clinic *

Falls Church, VA

703-993-5880

[Mason and Partners \(MAP\) Clinics | College of Public Health](#)

Nova ScriptsCentral *

Falls Church, VA

703-532-0269

[NOVA ScriptsCentral](#)

Charlottesville Free Clinic

Charlottesville VA 22903

434-296-5525

[Charlottesville Free Clinic](#)

Eligibility: Must live in VA. Income requirement: Income of less than 138% of FPL connected to Medicaid providers after first appointment.

Dr. Terry Sinclair Health Clinic

Winchester, VA

540-536-1680

[Sinclair Health Clinic](#)

Eligibility: Must be below the 300% federal poverty level, a resident of VA, no legal status needed. Must fill out an application and complete labs before first appointment.

Free Clinic of Culpeper

Culpeper, VA

540-829-5032

[Free Clinic of Culpeper](#)

Eligibility: must be below 300% of the federal poverty level, uninsured, over 18, fill out application, have ID, proof of address, proof of income, and taxes

Greene Care Clinic

Stanardsville, VA

434-985-7000

[Greene Care Clinic](#)

Eligibility: Need to be a resident of Greene County, VA. Need documentation of income - family income needs to be less than 300 percent of the federal poverty level, no SSN needed. Serves ages 19-65, must be willing to apply for Medicare to join the clinic.

Lloyd F. Moss Free Clinic

Fredericksburg, VA

540-582-1061

[Moss Free Clinic](#)

Eligibility: Must live in Spotsylvania, Fredericksburg, Stafford, or Caroline County. Need to provide proof of address. Need to be under 200% of the federal poverty limit. Will accept referrals from nearby hospitals or clinics

Orange County Free Clinic

Orange, VA
540-672-0793

Orange County Free Clinic

Eligibility: Must live in Orange County and need proof of address. Income threshold depends on household. 300% of federal poverty level. Waiver if no income. Paystubs can be used for documentation.

Medical Resources in DC:

La Clínica del Pueblo

(202) 462-4788

[La Clínica del Pueblo \(lcpd.org\)](http://LaClínica.org)

Whitman Walker Medical and Community Care

(202) 745-7000

[Medical Care & Community Health - Whitman-Walker](#)

Mental Health Services:

Healthy Synergy Psychological Services *

Virtual Practice

(301) 569-6326

team@healthsynergypsych.com

[Types of Services | Healthy Synergy Psychological Services \(healthsynergypsych.com\)](#)

Mental Health Resources in Maryland:

Jewish Coalition Against Domestic Abuse (JCADA) *

Rockville, MD

877-885-2232 (877-88-JCADA)

(Services provided to victims of abuse)

[HOME | JCADA](#)

Eligibility: Serves survivors of intimate partner violence who live in the DMV, no income requirement etc. For referrals, either email support@jcada.org or call their service line and leave a message.

Ayuda

Silver Spring, MD

240-594-0600

(Mental health services provided to victims of domestic violence)

[Ayuda | Transforming lives. Strengthening communities.](#)

Eligibility: Need to be born outside the US, organization is at capacity but the walk in clinic is still accessible.

Montgomery County Adult Behavioral Health

Wheaton, MD

240-777-1770

[Montgomery County Maryland \(montgomerycountymd.gov\)](http://montgomerycountymd.gov)

Eligibility: No legal status requirement, need to live in Montgomery County. Must have photo ID and documentation of financial situation

Pro Bono Counseling Project *

Baltimore, MD

410-825-1001

[Home - Pro Bono Counseling](#)

Mobile Medical Care, Inc

Locations in Germantown, Silver Spring, and Rockville, MD

301-493-2400

(Mental health services are available for clients receiving medical care at this agency)

www.mobilemedicalcare.org

Eligibility: Services adults only, live in Montgomery County and show proof of residency and income (250% of federal poverty limit), and have a government-issued ID. If staying with someone else, they can have them submit letters on their behalf showing proof of address and income.

VESTA *

Locations in Prince George's County, St. Mary's County, Montgomery County, Charles County, and Anne Arundel County, MD

(240) 296-5848

[Behavioral Health | Vesta, Inc](#)

Advanced Psychiatric Wellness Center *

Rockville, MD

240-403-4068

[Home | Advanced Psychiatric Wellness Center | Rockville, MD \(advpsychwellness.com\)](#)

Elaine Ellis Center for Health *

College Park, MD

301-441-1605

[Our Services - Elaine Ellis Center of Health \(eehealth.com\)](#)

Cervello Wellness *

North Bethesda, DC

301-392-7120

[Psychiatric Care | Cervello-wellness](#)

MedPsych *

Locations in Frederick and Rockville, MD

240-464-8000

[About Us](#)

Omhia Behavioral Health

Columbia, MD
443-917-4211

[About — Omhia \(omiahbhwillc.com\)](#)

Eligibility: 1. Referrals are sent to email at customer care@omiahbh.com or through the [New Appointment Form](#). There are no income requirements, however clients must be a resident of Maryland.

Access to Behavioral Health *

Montgomery County
240-777-1770

[Mental Health/Substance Use Disorder Screening and Referral](#)

Thriveworks Counseling *

Silver Spring, MD
202-848-1119

[Thriveworks Counseling & Psychiatry Silver Spring](#)

Advanced Behavioral Health *

Locations in Baltimore County, Carroll County, Frederick County, Montgomery County, and Prince George's County, MD
301-345-1022

[Advanced Behavioral Health](#)

Allen-Ayuk Behavioral Health

Anne Arundel County: 443-221-7866
Prince George's County: 240-582-7084
Lanham: 240-260-3316

[Allen-Ayuk Behavioral Health](#)

Eligibility: Have to have Maryland Medicaid and fill out application on website

Mary's Center

Locations in Adelphi and Silver Spring, MD
(844) 796-2797

[Behavioral Health](#)

Eligibility: No requirements, have Spanish-speaking staff

Quince Orchard Psychotherapy *

Locations in Rockville and Frederick, MD
240-750-6467

contact@qopsych.com

[Therapy Services | Counseling in Maryland \(quinceorchardpsychotherapy.com\)](#)

Willow Oak Therapy *

Rockville, MD
301-251-8965

[Willow Oak Therapy Center](#)

Counseling at Sheppard Pratt *

Baltimore, MD
410-938-3000

[Counseling Services | Sheppard Pratt](#)

EveryMind *

Rockville, MD
301.424.0656
info@Every-Mind.org

[Adult | EveryMind | Your Mental Wellness. Our Mission. \(every-mind.org\)](#)

Sante Group *

Locations in Baltimore, Eastern Shore, Montgomery County, Prince George's County, and Carroll County, MD
301-572-6585

[Sante Group](#)

Greenridge Behavioral Health *

Locations in Gaithersburg and Frederick, MD
240-683-6202

[Green Ridge Behavioral Health – Behavioral Health across Maryland \(greenridgebh.com\)](#)

Mental Health Resources in DC:

Elaine Ellis Center for Health *

Washington, DC
DC: 202-803-2340

[Our Services - Elaine Ellis Center of Health \(eechealth.com\)](#)

Mary's Center

Locations in Adams Morgan, Fort Totten, and Petworth, DC
(844) 796-2797

[Behavioral Health](#)

Eligibility: No requirements, have Spanish-speaking staff

Asian/Pacific Islander Domestic Violence Resource Project

Washington, DC
202-833-2232

[Asian/Pacific Islander Domestic Violence Resource Project](#)

Eligibility: Income, residency, or legal status are not required to access our services. Primary focus is supporting Asian and Pacific Islander (API) survivors of domestic violence or sexual assault. Clients can either call the hotline or HIAS can make a referral.

Whitman Walker Behavioral Health

Washington, DC
202-745-7000
[Behavioral Health - Whitman-Walker](#)

La Clínica del Pueblo

Washington, DC
(202) 462-4788
[La Clínica del Pueblo \(lcpd.org\)](#)

Mental Health Resources in Virginia:

Cervello Wellness *

Alexandria VA
301-392-7120
[Psychiatric Care | Cervello-wellness](#)

Catholic Charities Diocese of Arlington *

Locations in Arlington, Alexandria, Fairfax, Manassas, Sterling, Colonial Beach, Woodbridge, Fredericksburg, Spotsylvania, and Triangle, VA
[Counseling](#)

Merrifield Center *

Fairfax, VA
[Mental health | Community Services Board](#)

National Capital Treatment and Recovery *

Arlington, VA
(703) 841-0703 option 1
[National Capital Treatment & Recovery](#)

Greater Prince William Community Health Center *

Locations in Woodbridge, Manassas, and Dumfries, VA
[Mental Health - GPW Health Center](#)

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HIAS Resource Guide: Cash Assistance

Cash Assistance Resources in Maryland

International Rescue Committee Baltimore *

Baltimore: 410-327-1885 baltimore@rescue.org

Silver Spring: 301-562-8633 silverspring@rescue.org

[Baltimore, MD – International Rescue Committee \(internationalrescuecommittee.org\)](http://internationalrescuecommittee.org)

Lutheran Social Services of the National Capital Area

General number: (202) 723-3000

Greenbelt: 240-714-4034

Frederick: 240-496-6841

Additional locations in Arbutus MD, Fairfax VA, and Woodbridge VA

[Lutheran Social Services of the National Capital Area | Washington DC, Maryland & Virginia \(lssnca.org\)](http://lssnca.org)

Eligibility: Must be resident of Montgomery County, must have proof of residency and photo ID

Lutheran Social Services of the National Capital Area

General number: (202) 723-3000

Locations in Arbutus MD, Fairfax VA, and Woodbridge VA

[Lutheran Social Services of the National Capital Area | Washington DC, Maryland & Virginia \(lssnca.org\)](http://lssnca.org)

Baltimore City Department of Human Services *

443-423-6400

Episcopal Refugee and Immigrant Center Alliance (ERICA) *

Baltimore, MD

info@erica-baltimore.org

410-467-3751

[Family Reunification Grants | Episcopal Refugee and Immigrant Center Alliance \(ERICA\) \(erica-baltimore.org\)](http://erica-baltimore.org)

Southeast CDC *

Southeast Baltimore, MD

443-416-9788

[Southeast CDC: Housing Counseling and More in Southeast Baltimore](#)

CASA

Baltimore, MD

410-469-8185

[Maryland - We Are Casa](#)

Eligibility: Available for asylees, not undocumented immigrants or asylum seekers. Must have documented status or child with documented status - need letter from USCIS to qualify for TCA. Must be a Baltimore resident, a family of four needs to make under \$25,000 to qualify.

Ethiopian Community Development Council (ECDC) *

Silver Spring, MD

301-562-7303

[ECDC](#)

Charles County Department of Human Services *

301-392-6645

Esperanza Center *

667-600-2451

[Esperanza Center | Catholic Charities of Baltimore \(cc-md.org\)](#)

Cash Assistance Resources in Virginia

Ethiopian Community Development Council (ECDC) *

Arlington, VA

702-685-0510

[ECDC](#)

Cash Assistance Resources in Washington, DC

Catholic Charities Neighborhood Service Center *

(301) 942-1790

[Catholic Charities Center – Catholic Charities DC](#)

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